

**The Connecticut School  
of  
Integrative Manual Therapy**

**Course Catalog**



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## **GOALS AND MISSION STATEMENT**

The Connecticut School of Integrative Manual Therapy's mission is to present the art and science of recovery through teaching, learning and understanding. The purpose of our







**Admissions Committee**

This committee is comprised of the Dean and Director of Admissions along with ad hoc

## **APPLICATION PROCESS**

The application process includes:

- 1) Completed application form, including 3 essay questions.
- 2) Receipt of official transcripts from accredited schools, colleges, or universities.
- 3) Course certificates and/or descriptions of life experiences applicable towards credit.  
NOTE: Once these are received, the prospective student will be sent information regarding challenge exams for those courses they wish to grandfather in for credit. A minimum grade of C or higher on each exam will be required for credit towards the diploma. A student may be accepted into the program prior to completion of the challenge exams, however, they must be complete before a diploma will be issued.
- 4) 1 letter of recommendation.
- 5) Interview process, as deemed necessary by the Dean/or Director of Admissions, based on review of the application.
- 6) Non-refundable fee of \$100.00, payable to the Connecticut School of Integrative Manual Therapy.
- 7) Applicable fees for grandfathering in courses, payable to the Connecticut School of Integrative Manual Therapy (\$25.00 per course/\$125.00 maximum per submission). No refunds will be given for those courses not accepted for credit.

Application for Admission and all materials should be sent to:

Admissions Office, CT School of IMT  
800 Cottage Grove Rd., Suite 211  
Bloomfield, CT 06002

Applicants are approved or denied for matriculation by the Admissions Committee and will be promptly informed of their status once the application process is complete.

## **FULL TIME/PART TIME STATUS**

Policy: In order to achieve full time status, a student must pre-register and commit to taking a minimum of 16 credit hours of CSIMT required courses per calendar year. These 16 courses are preferably taken during the Academic Intensives in Connecticut, however, they may be taken anywhere.

If a student does not meet or maintain the 16 hour minimum requirement per year, the student's status will change to part time. The student will then be responsible for the appropriate part time course fees.

Fees: Full time students receive a different rate per course than part time students. Refer

Payments can be made via check, money order, and/or major credit card. All fees must be paid in U.S. dollars. There is a \$25.00 return check fee.

Course workbooks are provided at no charge. There are additional items for sale at each course, which can be purchased at any time after the student is enrolled in the program.

## **ACADEMIC POLICIES AND PROCEDURES**

### **Transfer of Course Credits**

The core academic course requirements (Kinesiology, Pathophysiology, Neuroanatomy, Psychology, and Growth and Development) will be met through courses taken at an accredited college, school, or university. Official transcripts from these institutions must be mailed directly from each institution to the Connecticut School of Integrative Manual Therapy Admission's Office. These transcripts must be of recent issue and clearly indicate

course. No student will be allowed to get missed information from any other student in the



in each course. A minimum grade of C will be required for credit for the course and is based on a minimum of competency in didactic and practical observation by the instructor. Although a formal lab practical will not be held, the instructor will be continually assessing each student's competency on techniques throughout the course.

If the student's exam grade is below a C, no credit will be issued towards graduation until a passing grade is received. If the instructor feels the student needs a more clear understanding of the basic concepts and treatment techniques presented in the course, the instructor may strongly recommend the student repeat that course prior to graduation. If the student fails the written exam, they will be required to repeat the exam prior to receiving credit.

### **Academic Support**

It is the student's responsibility to inform the instructor if they are having difficulty with course concepts and constructs. The instructor will provide the student with supplemental

### **GangdfæGr**

Each student is requested to show courtesy and respect for their peers, school instructors and staff, school property, and course information. Course information includes, but is not limited to, all written and verbal information given to students through lecture and lab. This information, as well as the techniques taught, is copywritten material and sharing them with anyone outside of the class without written permission from the Dean and/or the instructor will be considered academic theft. Any and all statements made in a derogatory, harmful, abusive, or slanderous manner towards the School and/or instructors is

**Course Format/Environment**

Each course includes light refreshments and 10-15 minute breaks periodically during the day. These breaks vary in length and frequency based on the instructor's discretion. The lunch break is usually 1 to 1½ hours in length. This allows the student adequate time for

















## ACADEMIC INTENSIVE SCHEDULE

Year One









# **Connective Tissue System**

**CTIS 101 Myofascial Release for the Orthopedic, Neurologic, Pediatric and**





**Connecticut School of IMT 800 Cottage Grove Road-Suite 211, Bloomfield, CT 06002**  
**Phone: 860-243-5220 Fax: 860-243-6577 www.CenterIMT.com CSIMT@CenterIMT.com CRNS1103 Neural Tissue Tension Techniques: Decrease**  
**Improve Nerve Function (3 days - 2 credits)**  
**Pre-requisites: None Recommended Reading: W. Giammatteo, Sharon (1998). Integrative Manual Therapy**

**CRNS 201 Cranial Therapy Series, Level Two: Membrane; Fluid; Face;  
Intra-Oral Dysfunction (4 days - 3 credits)  
Pre-requisites: CRNS 101**

**Course Description**











**PEDS 101 Pediatric Solutions: An Integrative Manual Therapy Approach for Comprehensive Assessment and Treatment (3 days - 2 credits).**

**Pre-requisites:** None







**MSKEL 103 Rib Cage Biomechanics with Muscle Energy and 'Beyond' Technique  
(1 day - 1 credit)**

**Pre-requisites:** None

**Required Reading:**

W. Giammatteo, Sharon & Giammatteo, Thomas (2003). Integrative Manual Therapy for Biomechanics. Application of Muscle Energy and "Beyond" Technique

**Recommended Reading:**

W. Giammatteo, Sharon (1998). Integrative Manual Therapy for the Upper and Lower Extremities (Giammatteo, Thomas Ed.)

W. Giammatteo, Sharon & Kain, Jay B. (2005). Integrative Manual Therapy for the









## **Viscera and Organ Systems**

**VOSYS 201 Gastrointestinal Tract: Manual Therapy for GI related Pain and Dysfunction. A Manual Therapy Solution (3 days - 2 credits)**

**Pre-requisites:** None

**Recommended Reading:**









## **NON-CURRICULUM COURSES**













**ANKF 402 Integrative Manual Therapy of the Ankle and Foot: Focus on the**





**ANKF 405 Integrative Manual Therapy of the Ankle and Foot: Focus on the Athletic Foot (2 credits)**

**Pre-requisites:**



## **Body/Mind System**

**BODM 101 Neuro Fascial Process (2 credits) Pre-requisites: None  
Required Reading:**























**CRNS 502 Cranial Therapy Series: Blood Flow Techniques (Advanced Course)**  
**(3 credits)**

**Pre-requisites:** CRNS 201 and NEUR 291 -OR- CRNS 301

**Required Reading:** Vasculature in the Brain (Publisher: Thieme; ISBN: 0-86577-784-5)

**Course Description**

The techniques and concepts offered in this course were developed by Sharon W. Giammatteo, Ph.D., P.T., I.M.T.,C. and Thomas Giammatteo, D.C., N.D., P.T., I.M.T.,C during thirty years of clinical research with manual therapy for the severe neurologic client.

This approach affects circulation to and from the brain, and results in remarkable changes in pain, disability and function. All v110.9(ascu0 .58 ioe6 Cotta3scul58ellumand frain, ] TJT\* - Tc0 Tw( [ (stemwitl  
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**CRNS 504 Cranial Therapy Series: Stroke (Advanced Course) (3 credits)**

**Pre-requisites:** NEUR 291

**Recommended Pre-requisite courses:** The techniques, concepts and information in the following courses will facilitate optimal results with the Information Technology presented:





**Connecticut School of IMT 800 Cottage Grove Road-Suite 211, Bloomfield, CT 06002**  
**Phone: 860-243-5220 Fax: 860-243-6577 www.CenterIMT.com CSIMT@CenterIMT.com**  
**Endocrine System ENDO 201 Treatment of Diabetes Rehabilitation (Advanced Course) (2 credits) Pre-requisites:**

**ENDO 400 Introduction to Hypovolemia (Advanced Course) (2 credits)**

**Pre-requisites:** Any Three CSIMT Classes and Osseous Bridges

**Course Description**



# Geriatric Rehabilitation

**GERI 201 Geriatric Rehabilitation: Focus on Structural Integrity (2 credits)**

**Pre-requisites:** None

## **Course Description**

This lab course will present solutions for major causes of pain, movement restrictions, loss of function and hopelessness in the geriatric patient. More than 30 years of scientific research and successful therapeutic intervention for aging people has led to a realization: people age from degeneration, not from old age. Mental functioning is dependent upon

# Immunity and Detoxification

## **IMDE 102 Inflammation: A Manual Therapy Solution (2 credits)**

**Pre-requisites:** None

### **Recommended Reading:**

W. Giammatteo, Sharon & Giammatteo, Thomas (1997). Integrative Manual Therapy for the Autonomic Nervous System and Related Disorders

W. Giammatteo, Sharon (1998). Integrative Manual Therapy for the Upper and Lower Extremities (Giammatteo, Thomas Ed.)

W. Giammatteo, Sharon & Kain, Jay B. (2005). Integrative Manual Therapy for the Connective Tissue System. Using Myofascial Release: The 3-Planar Fascial Fulcrum Approach (Giammatteo, Thomas Ed.)

### **Course Description**

This seminar presents concepts and techniques in manual therapy for treatment of inflammation. These new and unique techniques address pain and inflammation in all







**IMDE 401 Lymphatic Series: Level Four: Immune Function: The Pancreas and The Heart (Advanced Course) (2 Credits)**

**Pre-requisites:** IMDE 101, IMDE 201, VOSYS 501-highly recommended.

**Course Description**

This three-day practical seminar will focus on the glandular breakdown of the pancreas, with Integrative Diagnostics and Integrative Manual Therapy for dysfunction, disease and disability related to Syndrome X, Insulin Resistance, Hyperinsulinemia and Diabetes II. Biohistory/Functional Nutrition will be included to address pancreas-induced coronary heart disease.

**Learning Outcomes**

1. Insulin resistance and Metabolic Syndrome.
2. Pancreas dysfunction and IMT techniques to help healing.

IMT techniques.

4oResist2Fistula and exudate.









**INTC 500 Assessment, Integrative Diagnostics, and Integrative Manual Therapy for Exudate (Advanced Course) (2 credits)**

**Pre-requisites:** Any Three CSIMT Classes

**Course Description**

Exudate is defined as 'exuded matter'. During this advanced seminar, the student will learn many manual therapy techniques to address patho-anatomy and patho-physiology



# **Integrative Diagnostics**

**INTDG 101 Integrative Diagnostics, Level One: Myofascial Mapping (Advanced Course) (1 credit)**

**Pre-requisite:** Any Three CSIMT Classes.

**INTDG 201 Integrative Diagnostics, Level Two: Neurofascial Process (Advanced Course) (1 credit)**  
**Pre-requisite**

**INTDG 501 Integrative Diagnostics, Advanced Level One: Heart and Kidneys  
(Advanced Course) (1 credit)**

**Pre-requisites:** INTDG 101 and INTDG 201

**Course Description**

This advanced level Integrative Diagnostics course focuses on cardiac habilitation and kidney dysfunction.

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**INTDG 602 Integrative Diagnostics, Advanced Level Four: Primary Sites:  
Combined Patho-Anatomy and Patho-Physiology for The Gastrointestinal Tract, The  
Detoxification System, and The Elimination System (Advanced Course) (2 Credits)**

**Pre-requisites:** Any Three CSIMT Classes

**Course Description**

















**MSKEL 201 Integrative Manual Therapy for the Low Back and Spine: Advanced**

**MSKEL 203 The Way to Treat Joint Dysfunction: Focus on the Shoulder and Knee Joint (3 credits)**

**MSKEL 203A The Way to Treat Joint Dysfunction: Focus on the Shoulder (3 credits)**

**MSKEL 203B The Way to Treat Joint Dysfunction: Focus on the Knee Joint (3 credits)**

**Pre-requisites:** None

**Recommended Reading:**

W. Giammatteo, Sharon & Giammatteo, Thomas (1997). [Integrative Manual Therapy for the Autonomic Nervous System and Related Disorders](#)

W. Giammatteo, Sharon (1998). [Integrative Manual Therapy for the Upper and Lower](#)

**MSKEL 204 Adjustment Therapy For Severe and Chronic Low Back Pain and Sciatica (2 credits)**

**Pre-requisites:** Any Three CSIMT Classes.

















# Neurologic Rehabilitation

*Including Concentrations in  
Neurologic Rehabilitation and Pediatrics*

**NEUR 206 Developmental Manual Therapy for the Neurologic, Pediatric and Geriatric Patient Emphasizing Muscle Energy and 'Beyond' Technique and Myofascial Release Techniques (2 credits)**

**Pre-requisites:** None

**Recommended Reading:**

W. Giammatteo, Sharon & Giammatteo, Thomas (1997). Integrative Manual Therapy for the Autonomic Nervous System and Related Disorders

W. Giammatteo, Sharon (1998). Integrative Manual Therapy for the Upper and Lower Extremities (Giammatteo, Thomas Ed.)

W. Giammatteo, Sharon & Giammatteo, Thomas (2003). Integrative Manual Therapy for Biomechanics. Application of Muscle Energy and "Beyond" Technique

W. Giammatteo, Sharon & Kain, Jay B. (2005). Integrative Manual Therapy for the  
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**NEUR 207 Stroke and Hemiplegia: A Manual Therapy Solution (2 credits)**

**Pre-requisites:** None

**Recommended Reading:**

W. Giammatteo, Sharon & Giammatteo, Thomas (1997). Integrative Manual Therapy for





**NEUR 291 The Brain. A Comprehensive Manual Therapy Solution for Brain Dysfunction (Advanced Course) (2 credits)**  
**Pre-requisites:**





**NEUR 461 Excess Neural Discharge Therapy and Neurotransmission (Advanced Course) (2 credits)**  
**Pre-requisites:**



**PEDS 202 IMT for Pediatrics: Treatment of Hypotonicity (Advanced Course)**  
**(2 credits)**

**Pre-requisites:** PEDS 101.

**Recommended Reading:**





## **Protective Modes**



**PMOD 201/202 Compression Syndromes for the Upper and Lower Extremities.  
A Manual Therapy Solution. (4 credits)**

**Pre-requisite:** None.

**Course Description**

Upper and lower extremity pain and dysfunction can be the major contributor to a decreased quality of life and a sedentary lifestyle. Work and leisure are often dependent on arm and leg function. Answers can be found in the field of structural rehabilitation.

# Sports Medicine

**SPOR 205 Integrative Manual Therapy for Sports Medicine (2 credits)**

**Pre-requisites:** None

**Recommended Reading:**

W. Giammatteo, Sharon & Giammatteo, Thomas (1997). Integrative Manual Therapy for the Autonomic Nervous System and Related Disorders

## **Viscera and Organ Systems**

**VOSYS 200 Visceral Fascial Release for Pain and Disability: The 3-planar Fascial Fulcrum Approach. (2 credits)**

**Pre-requisites:** None

**Required Reading:**

W. Giammatteo, Sharon & Kain, Jay B. (2005). Integrative Manual Therapy for the Connective Tissue System. Using Myofascial Release: The 3-Planar Fascial Fulcrum Approach (Giammatteo, Thomas Ed.)

**Recommended Reading:**

W. Giammatteo, Sharon & Giammatteo, Thomas (1997). Integrative Manual Therapy for the Autonomic Nervous System and Related Disorders

**Course Description**

Visceral Fascial Release is the culmination of several decades of clinical research in the field of Myofascial Release. The new approach presented in this introductory lab course uses Myofascial Release techniques on the visceral system. Amazing outcomes can be attained with these techniques. In the field of Structural Rehabilitation, answers are found for patients with organ-related dysfunctions such as heartburn, reflux, Colitis, irritable bowel syndrome, failure to thrive, seasonal and food allergies, environmental illness, gall bladder disorders, ulcers, asthma, emphysema, swallowing problems, kidney pain and related low back pain, and more. These simple techniques lead to decreased pain, improved movement, and overall improved physiologic function in all patient populations, including orthopedic and sports medicine, neurologic, pediatric, geriatric, chronic pain, and more.

**VOSYS 203 Respiratory Rehabilitation for Chest Pain and Dysfunction and All**



**VOSYS 205 Men's Health: Treatment for Urogenital Pain and Dysfunction. A  
Manual Therapy Solution (2 credits)**  
**Pre-requisites:** None







**VOSYS 503 Irritable Bowel Syndrome: Critical Thinking, Clinical Reasoning,**









**Editor's Comment:** Please note that the following terms are trademarked: Integrative Manual Therapy, CenterIMT, Integrative Diagnostics, Dialogues in Contemporary Re-

## **CORE CURRICULUM REQUIREMENTS**

BIOPH 201 Physical Functional Medicine 24

BIOPH 301 Functional Medicine / Concepts in Applied Nutrition and Biophysiology 25

BODM 301 Integrative Diagnostics for Applied Psychosynthesis: A Manual Therapy Approach for Emotional Based Pain and Dysfunction 26

CRNS 101 Cranial Therapy Series, Level One: Osseous, Suture, Joint and Membrane. Treatment of Headaches and Trauma 29

CRNS 103 Neural Tissue Tension Techniques: Decrease Pain, Increase Movement, Improve Nerve Function 30

CRNS 201 Cranial Therapy Series, Level Two: Membrane; Fluid; Face; Intra-Oral Dysfunction 31

CRNS 301 Cranial Therapy Series, Level Three: Pain and Disability; CSF; Spinal Cord and Brain Fibrosis; Immunology; CSa 30





CRNS 105 Treatment of Facial Palsy and Bells Palsy with Integrative Manual Therapy 72

CRNS 450 The Cranial Base: Treatment with IMT. An Integrated Systems





NEUR 206 Developmental Manual Therapy for the Neurologic, Pediatric and Geriatric Patient Emphasizing Muscle Energy, Strain/counterstrain and Myofascial Release Techniques 120





